

## “The Transfiguration of Jesus on Mount Tabor”...

### FROM THE GOSPEL ACCORDING TO - *MATTHEW* -:

*“Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves. And he was transfigured before them; his face shone like the sun and his clothes became white as light.”*

*(Matt 17:1-2)<sup>1</sup>*

### MEDITATION ON THE MYSTERY:

When a soul decides to truly live on the High Mountain of Christ (that is, in the full imitation of Jesus), his good works can no longer remain hidden: it is automatic that they, in their celestial difference, are already *light for the intellect of the world*. (cf. *SLC*, p. 130G)

### FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

In regards to being light for the intellect of the world, Pope Francis writes: “*The light of faith is an incarnate light radiating from the luminous life of Jesus. ...The more Christians immerse themselves in the circle of Christ’s light, the more capable they become of understanding and accompanying the path of every man and woman towards God.*” (FRANCIS, Enc. Lett. *Lumen Fidei*, 29 June 2013, nn. 34-35)

<sup>1</sup> NABRE (USCCB)

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#### FREE AND PERSONAL MEDITATION

( for a personal contribution to give to those who listen ) :

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- .....

Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ....”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...